

Pevonia's effective solutions and advice
to help control acne.

FACT FILE

Q. Acne?

What can Pevonia do?

With many of nature's most healing ingredients, **Pevonia Botanica's** Acne Problematic skin care line effectively deals with intense skin care problems. Each product serves as a dynamic agent controlling bacteria and preventing inflammation whilst calming and soothing irritated skin.



Before treatment



After six weeks

Ligne Clarifyl
=
Scientifically
formulated

Questions & Answers

Q. WHAT IS ACNE?

A. Acne is a genetic or hormonal condition affecting the skin. It is triggered most often during puberty when we have an intense hormonal imbalance, however Adult acne has increased. Classic signs are infected breakouts of blackheads, pimples, pustules and in the most severe cases, cysts.

Q. SO WHAT CAN I DO TO HELP MYSELF?

A. Excellent skin care and hygiene is imperative to help keep breakouts under control. Thorough removal of excess oil and bacteria is essential as these trigger the condition further. Caution must be taken not to use products that contain ingredients that will aggravate the condition (refer to ingredients to Avoid overleaf.) Likewise, hard water residue left on your skin must be removed as tap water harbours bacteria.

Questions & Answers

Q. WHAT CAN I DO TO SEEK HELP?

A. If you suffer with ongoing breakouts, you should seek help from a **Pevonia** skincare specialist, who may refer you to a dermatologist if the condition is too severe. More often than not people are combating their acne with good regular facial treatments and effective complementary home care.

Q. WHAT SORT OF PRODUCTS SHOULD I USE?

A. **Pevonia** has meticulously eliminated all known allergens and irritants from the product line. They are all 100% water-soluble and non-comodogenic. It is very important to use the correct products. If this is practiced you could avoid the use of medical drugs. The use of incorrect products will do more harm than good.

Q. WHAT LIFESTYLE CHANGES SHOULD I MAKE?

A. Take steps to reduce stress, drink plenty of water, reduce caffeine, nicotine and salt intake. All these will help the body and it's natural defence to work effectively.

Q. IS ACNE VULGARIS THE SAME AS ACNE ROSACEA?

A. No, ACNE VULGARIS is more common through puberty and is caused by over-active sebaceous oil flow, which leads to clogging and inflammation. ACNE ROSACEA tends to affect the older person during the second major hormonal change, the menopause, though it can also be found in younger men and women. Caused by blood vessels of the face becoming inflamed and swollen, the skin can become permanently reddened with pustules and papules. For further information please refer to our ROSACEA Fact File.

Products



Clarigel Exfoliating Cleanser

- A unique effective cleanser that gently emulsifies sebum and bacteria.
- Intense cleansing for problem skin
- Skin is fresh and bacteria free
- Brightens the skin colour
- Contains Soapwort, Triclosan, Grapefruit Oil and Citric acid



Problematic Skin Lotion

- Alcohol free
- Highly antiseptic and soothing
- Removes hard water residue
- Purifying and refreshing
- Prevents breakout and bacteria growth
- Containing Salicylic Acid, Chamomile and Azulene



Problematic Skin Care Cream

- UV protection (SPF8)
- Prevents pore clogging
- Light texture and oil free cream
- Contains Glycolic Acid, Calendula and Panthenol to ensure skin is smooth, hydrated and desensitised

Products



Problematic Skin Mask

- Provides immediate visible results
- Healing and soothing, purifying and tightening
- Antiseptic bacteria suppressor
- Contains a high percentage of active ingredients such as Glycolic Acid, Zinc Oxide, Sulphur, Camphor



Spot Treatment

- Highly concentrated to give immediate visible results
- Encourages rapid healing
- Keeps follicles clean, clear and bacteria free
- Contains powerful ingredients such as Glycolic Acid, Salicylic Acid, Betaglukan and Aloe



Soothing Propolis Concentrate

- Propolis is a natural ingredient collected by bees from Poplar trees.
- Rich in natural anti-biotics, Propolis is desensitising and decongesting
- Healing, controls occasional breakouts
- Strengthens fragile skin
- Contains Propolis, Lavender and Vetiver

Professional Treatments Available

Pevonia's facial for acne is the Acne Treatment, tailored to treat problematic skin conditions. Breakouts will be controlled using anti-bacterial ingredients. The skin's surface will be refined to reduce scarring. Contains Salicylic Acid which is an approved ingredient to treat acne. A corrective treatment to benefit problematic skin which is suitable for all ages.

Ask your **Pevonia** Skincare Specialist for details on the following beneficial treatments:

- Ultimate Deep Cleanse
- Floracide Exfoliating Treatment
- High Performance D.N.A. Treatment

Treatment Course: **Pevonia** recommends a course of 6 treatments for long-lasting results, with a maintenance plan of 1 treatment per month.

WHAT INGREDIENTS SHOULD I AVOID IN MY PRODUCTS?

INGREDIENT	USED FOR	REASON TO AVOID
ALCOHOL (Specially denatured ethyl alcohol)	Astringent • Antiseptic Solubilises fats	Drying and irritating Dehydrates moisture and sebum from skin
ARTIFICIAL FRAGRANCES (Can refer to as many as 15)	Disguising odours 'Signaturing' products	Causes allergies Photosensitizing
ISOPROPYL MYRISTATE (Derived from fatty alcohol)	Gives 'slip and slide' Gives separability to creams and lotions	Highly Comedogenic • Penetrate hair follicle Causes blackheads and millia
LANOLIN (Derived from sheep wool, or synthetic)	A wax Used for emollient properties	Causes allergies • Comedogenic May contain carcinogens
MINERAL OIL (Petroleum by-product)	Emollient properties • Gives 'slip and slide' • adheres to skin surface	Leaves a greasy after-feel • Sits on skin's surface May be Comedogenic • No real skin benefit

CLIENT RECOMMENDATION?

Ask your Pevonia Specialist or contact Pevonia UK

MORNING

Cleanse

Lotion

Concentrate

Care Cream

UV Protection

EVENING

Cleanse

Lotion

Concentrate

Care Cream

UV Protection

ONCE OR TWICE A WEEK

Exfoliate

Mask

Exfoliate

Mask



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